

# 30 day

## CLEANING & DECLUTTERING GUIDE

1. IMPROVE STORAGE & PURCHASE BASKETS / BOXES / LABELS / FILING FOLDERS.

2. HAVE A WARDROBE SORT OUT, ORGANISE ITEMS AND DONATE CLOTHES THAT YOU DON'T LOVE.

3. CHECK THE USE-BY DATES ON COSMETICS AND MAKE-UP, ORGANISE, AND BIN OLDER ITEMS.

4. TIDY THE SHED OR GARAGE - BE RUTHLESS AND DON'T KEEP THINGS YOU'RE UNLIKELY TO USE.

5. CLEAN THE FRIDGE, BIN ITEMS PAST THEIR BEST & CREATE A SYSTEM TO REDUCE FUTURE WASTE.

6. EMPTY & ORGANISE THE 'RANDOM' DRAWER IN THE KITCHEN - CANDLES, BATTERIES ETC.

7. SORT YOUR BOOK COLLECTION INTO KEEP / DONATE PILES - WILL YOU READ IT AGAIN?

8. DEEP CLEAN THE BATHROOM AND ORGANISE PRODUCTS / CUPBOARDS WITH BASKETS.

9. SORT THROUGH THE MEDICINE CABINET AND RECYCLE EMPTY PILL PACKETS / BOXES.

10. ORGANISE SOCK DRAWERS - PAIR UP AND GIVE THE ODD ONES TO THE KIDS TO MAKE SOCK PUPPETS!

11. SORT THROUGH LINEN, BEDDING & TOWELS - DONATE / RECYCLE UNWANTED ITEMS.

12. GET THE KIDS TO HELP WITH SORTING THEIR TOYS INTO KEEP / DONATE / BIN & LABEL STORAGE.

13. WASH ALL WOODWORK (SKIRTING BOARDS, DOORS, CABINETS) AND HARD FLOORS.

14. ORGANISE THE LOFT - BE RUTHLESS, IF YOU HAVEN'T SEEN IT IN YEARS, DO YOU NEED TO KEEP IT?

15. SORT THROUGH OLD RECEIPTS AND GUARANTEES - FILE WHAT YOU NEED & RECYCLE THE REST.

16. HAVE A GARDEN DAY - CLEAR UP, MOW THE LAWN, CLEAN OUTDOOR FURNITURE & PULL UP WEEDS.

17. SPRINKLE BI-CARB ONTO STINKY CARPETS, LEAVE IT FOR 15 MINS+ AND THEN HOOVER.

18. ORGANISE THE CONTENTS OF THE FREEZER - BIN OLD FOOD & LABEL DRAWERS.

19. ORGANISE CRAFT DRAWERS AND BOXES, LABEL AND GET RID OF UNNEEDED ITEMS.

20. SORT / TIDY YOUR KITCHEN CUPBOARDS - CHECK USE BY DATES, THEN ORGANISE / BIN.

21. SORT THROUGH PAPERWORK - FILE INTO CATEGORIES & SHRED / RECYCLE ANYTHING UNNEEDED.

22. LOOK THROUGH CHRISTMAS / SPECIAL OCCASION DECORATIONS AND STREAMLINE.

23. EMPTY OUT THE TUB CUPBOARD - PAIR TUBS WITH LIDS AND RECYCLE THOSE WITHOUT!

24. CLEAR SURFACES ALL OVER THE HOUSE - FIND HOMES FOR EVERYTHING YOU STILL NEED.

25. GO THROUGH YOUR WALLET / PURSE / HANDBAGS - DO YOU NEED EVERYTHING INSIDE?

26. CLEAN THE OVEN / SINK / KITCHEN TILES WITH VINEGAR AND BAKING SODA TO REMOVE GRIME.

27. ORGANISE YOUR PORCH/HALLWAY. SORT SHOES AND COATS - DONATE ALL THAT DON'T FIT!

28. GO THROUGH THE CUPBOARD UNDER THE SINK - ORGANISE CLEANING PRODUCTS INTO BASKETS.

29. CLEAN / HOOVER UPHOLSTERED ITEMS / SOFT FURNISHINGS LIKE SOFAS AND DINING CHAIRS.

30. HOOVER AND POLISH TO MAKE YOUR TIDY HOUSE SPARKLE! AND... RELAX!