



Frugal Mum

BUDGET FAMILY TRAVEL BLOGGER

About me



Hi, I'm **Natalie Smith AKA Frugal Mum**. I'm a blogger focussing on **budget family travel and days out** in the UK and Europe. I started writing about all things frugal living a few years ago, but mid 2024 I decided to focus on travel as that's my passion - and the blog has really thrived. I love exploring with my husband, Jay, and our two children Lola and Finn. We homeschool, so we're very flexible, and we live on the Kent coast in South-East England.

My blog can be found at www.frugalmum.co.uk and I also create static and video content for social media too. (**30 day average website views: 70-100k.**) Based on my socials, my demographic is typically 81-97% women who are 25-54 years old, with the majority aged 35-44. My target audience is parents (mums in particular) looking for affordable family-friendly travel.

Services offered

I'm available for Press Trips and product / service promotions - with both blog and social media deliverables - and I can also write for your publication or newspaper. I'm looking to work with holiday companies and tourist boards, alongside those with travel based products and services, and family-friendly days out.

Social media

Facebook: 24.5k Instagram: 14.3k TikTok: 12.4k

Past projects

In 2023, I worked on a big pull out for the Daily Mail's 'Beat the Squeeze' campaign - How to save £3k for your summer holiday. I also fronted the HMRC's child benefit online campaign with an article and a scripted video advert. I formed an ongoing paid partnership with Eurocamp, who I continue to work with closely, and I became an 'Official Eurocamp Brand Ambassador' in 2025. As well as this, I've done multiple BBC London Radio segments on budget family travel. I've been a guest blogger on websites like Preloved, and been featured on socials by companies like Eurocamp, Quidco, BBC Kent and The Parent Bible. In 2024, we had Press Trips with brands like Eurocamp and Go Ape.



Testimonial

'We've had the pleasure of working with Natalie since 2023, and can't recommend her enough. She consistently creates high-quality blog content that captures the essence of Eurocamp and helps guide existing and potential customers through booking their ideal holiday. The videos she posts on Instagram and TikTok are informative and relatable, and our customers engage with Frugal Mum content whenever we post it. Natalie's dedication to promoting Eurocamp has helped us to drive a number of bookings.'

Amy Byn, Eurocamp PR & Social Media Manager

A newspaper pull-out from the Daily Mail. At the top, there's a photo of a woman and the text 'by Natalie Smith'. The main headline is 'BEAT THE SQUEEZE' in large red letters. Below that, a large image of a pig wearing sunglasses and a beach chair is shown. The central text reads 'How to save up to £3k for your summer holiday'. There's also a circular graphic on the right with the text 'Eight pages of tips and tricks to save you money'.

During 2025, I was featured in the Sun Newspaper several times sharing my budget holiday tips. I also did an on-site recorded segment for BBC Radio Kent and featured on the BBC News website. Across the year, I was featured by publications like the Sun Online, the Daily Star, Kent Online and the Daily Express.

I formed an ongoing paid partnership with Merlin, so we had multiple PR trips / stays at their attractions, and collaborated with day out venues like Paultons Park and Portsmouth Historic Dockyard. We had a press trip with Woolacombe Bay Holiday Parks - with more family-friendly press days out during our stay - and several Eurocamp press trips too. And, I formed new relationships with Parkdean Resorts and Away Resorts to grow the UK side of the blog for 2026.



Statistics

I've added some examples of recent affiliate stats to the right. For Eurocamp, I have a great CTR and facilitate a huge amount of sales – the top image shows my data for the last 30 days. I've also included 30 day data for Parkdean Resorts, and a 6 month sample for Merlin as I'm writing this in January and most of their parks are now closed. Underneath that you'll see the data from my last email newsletter. (Currently 1500+ subscribers.) The final image shows my blog views for the last 30 days. I also have 1.3k members in my Facebook group. If you'd like to work together please get in touch – I'm looking to expand even further for 2026 and look forward to hearing from you.

Media pack last updated: 26/01/26.

Get in touch

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Social Media:

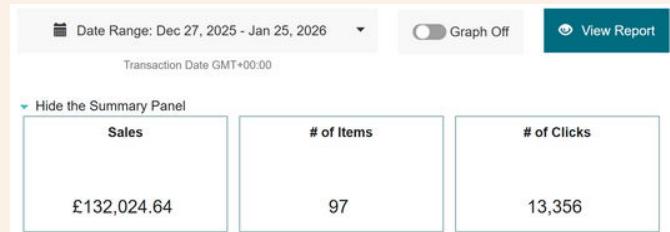
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Last 30 days: Eurocamp



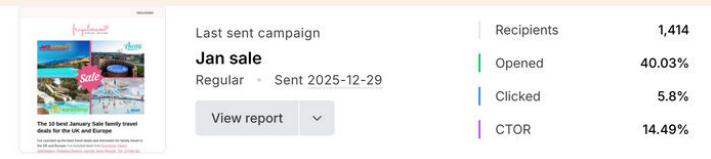
Last 30 days: Parkdean



6 month sample: Merlin Attractions



Newsletter Engagement



Frugal Mum Blog

